



Cut out the square

Fold the paper in half both vertically and horizontally in both directions, then unfold Fold the paper diagonally in both directions, then unfold

Turn over so printing is downwards

Fold all corners to the centre

Turn over so numbers are downwards

Fold all corners to the centre

Fold in half so numbers 4 & 3 end up on the outside and on the same side
Place thumb of right hand under number 4, forefinger under number 2
Place thumb of left hand under number 3, forefinger under number 1
Push together to form final shape. Push inwards

